

2023 7th Football Practice Schedule

Week 1 August 16th -18th

Wednesday and Thursday After school 4:05pm – 5:45pm

Friday 7:00am – 8:45am Arrival 6:40am

Week 2 and 3 August 2nd – September 1st

Monday PM Practice

Tuesday thru Friday - AM Practice

Weekly Practice Schedule

Mondays Game Day

Tuesdays PM Practice

Wednesday thru Friday AM Practice

Notes:

August 2nd – 15th BJH SAC/FB Skills (M-F) 6:45am-8:00am Arrival 6:30am

***** There will be No SAC/FB/Skills on Aug. 8th *****

Tuesday, August 22nd “Meet the Coaches” meeting Comp Gym – 5:30pm

Monday, September 4th Labor Day No Practice

First Game – Tuesday, September 5th BJH vs. MMJH

